***Dashboard***

Health is wellbeing, the state of your body, heart, mind, and soul. 3/4

Work is something you have to do that requires any amount of effort to accomplish something 1/2

Play is something you do because it is fun, and purely for enjoyment. 3/4

Love is when you connect deeply with a person, and they become a part of your life and identity. Full

***Workview reflection***

Why work, because we are happiest when we are productive, and we need to work to get money to provide for ourselves and our families. I personally am glad I get a chance to work because I am a better person when I am working.

Work means doing a service or an action to accomplish something for yourself or someone else.

Work as an individual leads to helping others, which leads to helping society grow as a whole, and makes the world a better or more convenient place.

Money makes the world go round, and we must work for it to have it. Such is the sad state of the world.

We feel accomplished when we do work and do something for people.

***Life view reflection***

We are here to get a body and experience, so we can one day live with our families and Heavenly Father in heaven forever.

To become as God is, or as close to it as we can. As Alma says, “now is the time to prepare to meet God.”

Individuals act, and those actions affect those around them, which in turn changes their actions, and it creates a ripple effect. And if everyone is causing their own ripple effect, there are a lot of waves and a lot of different people interacting with others. Some are immediate family members; others are people outside of their families.

For me, family is the most important thing to me and takes precedence over everything else. I will put my family over almost everything in my priority list. Country and the rest of the world aren’t unimportant, but just don’t mean as much to me as my family does.

God is as much a part of my life as my family is. God exists and is as real to me as the sun and the sky is.

The role of those emotions and things are to give us experience so we can learn what is good and what is not, so we can learn what sorrow is to know true joy.

They complement one another as I work for my family, and they blend that way.

I view work as a necessity sometimes, and not really a part of my life, just something I must do.

My life views motivate and reflect what I work on and how I view work.

***Time journal***

Eating HI POS

School HI NEG

Time with wife HI POS

Cooking HI POS

Go on a walk HI POS

Reading HI POS

Video games HI POS

Board games HI POS

Card games HI POS

Sleep HI POS

Service HI NEG

Shopping HI 0

Cuddling HI POS

Dishes LO NEG

Work HI NEG

Cleaning LO NEG

Homework 0 NEG

Driving HI NEG

***Diagram, schematic

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***Plan 1***

Confused College Student: Career? Family?

Year 0: College, figure out what career I want

Year 1: Work towards learning skills in that career

Year 2: Hone those skills to become better

Year 3: Graduate college and find a job somewhere

Year 4: Start having a family

Year 5: Have a job in a good career, and have a young family

***Plan 2***

Becoming a legal drug dealer

Year 0: Find out I don’t like Computer Science, change major back to biochemistry

Year 1: Become a chemist

Year 2: Start a family and continue school

Year 3: Go to pharmacy school

Year 4: become a pharmacist

Year 5: am a pharmacist, have a family

***Plan 3***

Music and Magic

Year 0: Get my instruments and practice and get better

Year 1: Learn about music production and how to make songs

Year 2: Combine my music skill with music production

Year 3: Start having kids and get dogs

Year 4: Make songs and play my instruments, ski in spare time.

Year 5: Sing as a hobby and be making my own music.